

The physics of clutter is that it will come in to your office without your assistance but will not go away without your assistance

What Constitutes the clutter?

- Any object you don't love or use
- Half-finished and never started projects
- Broken things
- Things that "might come in useful some day"
- A spare "just in case"
- Letters and cards from people you can't remember
- Collections of recipes that you never cook
- Old toiletries
- Piles of magazines and newspapers you won't get around to reading
- Random and miscellaneous files on your laptop or computer
- Photographs of things you can't remember or unhappy memories

